

of the RPG. It was a good start, but Channing still had live explosives inside his abdomen and he was still in terrible danger from his injuries. At one point his heart actually stopped beating and, while the surgeons struggled to restart it and to keep him alive, it was left to the explosives' expert to slowly ease the front part of the bloodied missile clear of Channing's body.

This was possibly the most dangerous moment so far: the bomb was out but it was still a live bomb. As calmly as he could, Daniel lifted it away from the operating table and slowly carried it out of the room. Being careful not to make any sudden movements, he then walked the bomb out of the building to a spot where it could be safely detonated.

With the RPG out of the way, John and Kevin could now do their best to repair Channing's shattered pelvis and his badly damaged organs. Even by the standards of an army hospital, the soldier's injuries were extraordinarily severe, but against all the odds the surgeons' hard work was successful. It took several operations before he could be moved, and still more of them before Channing Moss could return home to America and to his wife and daughters.

When he did it was in a wheelchair, but Channing Moss was determined to walk again. After months of exercise and painful physiotherapy 'the man with bomb inside him' managed it: Channing was able to stand and to walk when he received a medal, and when he was reunited with the friends and comrades who had saved his life while risking their own.

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